



2022 Team Five Hole Hockey

Spring / Summer Program 2007s

Program Overview:

The Team Five Hole Spring/Summer program is an invite-only team and competition based off-season player development program. Please note, we are placing additional emphasis on this birth year in 2022. These players are entering a critical development and advancement window in 2022. The upcoming season is the first in which they will be junior draft eligible. Additionally, they transition into midget hockey which brings with it increased pace, intensity, and visibility to coaches and scouts. We have built the schedule to conflict with as few higher level opportunities as possible in an effort to allow players the ability to attend as many high-profile events as work for them.

- Player development focused off-season training program. Areas of emphasis for this team include but are not limited to:
 - Transferable skill & hockey sense development – skills and knowledge that will enable players to advance and help them appeal to higher level coaches and scouts.
 - Application of knowledge and skills in a team-first setting. It's critical that players use their skills to make those around them better.
 - Increasing the consistency of application and execution. From here on out, execution becomes increasingly important.
 - Education/information relating to the hockey world beyond the youth level and advancement.
 - Preparation for the upcoming season.
- 4 mini-camp training weekends to be held in Columbus, IN – March 26-27, April 15-16, May 7-8, and July 9-10. Additionally, we will hold a series of High Performance weekends that players can choose to attend in addition to the mini-camp weekends.
- 3 tournament weekends – Mountain Dew Blast Minneapolis, MN May 13-15, Summer Showdown Minneapolis, MN June 10-12, and Niagara Falls, ONT July 22-24 (Covid Vaccination requirement currently).
- All weekends consist of on and off ice events. Off ice includes team video sessions, team chalk-talk sessions, informational seminars, and training.
- Player apparel package includes custom home and away jerseys, practice jersey, socks, 1/4 zip, and off ice workout gear. Returning players are welcome to use the same jerseys and apparel from the prior year if they wish. Please note, all teams will be receiving new game socks in 2022.
- Each player will have a profile compiled which is made available to inquiring coaches and scouts.
- We will leverage our network of contacts in the hockey world to help promote our players for future opportunities as is appropriate.
- Team 5HH will not take the place of any in season team on which a player participates. It is meant to compliment in-season play and further player development.
- Our coaches coach across all of our teams. Each team will have a dedicated Head Coach (for the 2007s: Andy Holmes USA Hockey Level 4 certified) who will be assisted by the other coaches on the Team Five Hole Hockey staff. Each team has its own identity driven by its Head Coach but the teaching and development is a collaborative effort on the part of our entire staff.

Our Mission:

Since our inception in 2006, our mission has been to help amateur hockey players develop both on and off the ice to achieve their goals. We emphasize refining skill sets, growth both mentally and physically, and learning to use athletic pursuits to obtain new opportunities to grow not only as an athlete, but also as an individual.

Contact:

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Character

Commitment
www.fiveholehockey.net

Achievement