



2022 Team Five Hole Hockey

Spring / Summer Program 16U (2006 Birth Year)

Program Overview:

The Team Five Hole Spring/Summer program is an invite-only team and competition based off-season player development program. The goal of the program is to maximize a player's development and advancement opportunities on the off-season. Additionally, we have built the schedule to conflict with as few higher level opportunities as possible. This is done in an effort to allow players the ability to attend as many high-profile events as work for them.

- Player development focused off-season training program. Areas of emphasis for this team include but are not limited to:
 - Transferable skill & hockey sense development – skills and knowledge that will enable players to advance and help them appeal to higher level coaches and scouts.
 - Application of knowledge and skills in a team-first setting. It's critical that players use their skills to make those around them better.
 - Increasing the consistency of application and execution. From here on out, execution becomes increasingly important.
 - Education/information relating to the hockey world beyond the youth level and advancement.
 - Preparation for upcoming tryouts and junior camps.
- 3 mini-camp training weekends to be held in Columbus, IN – March 26-27, April 15-16, May 7-8. Additionally, we will hold some High Performance weekends which players that desire to attend can register for.
- 2 tournament weekends – ChiTown Shuffle Chicago, IL April 22-24, Summer Showdown Minneapolis, MN June 10-12.
- All weekends consist of on and off ice events. Off ice includes team video sessions, team chalk-talk sessions, informational seminars, and training.
- Player apparel package includes custom home and away jerseys, practice jersey, socks, 1/4 zip, and off ice workout gear. Returning players are welcome to use the same jerseys and apparel from the prior year if they wish. Please note, all teams will be receiving new game socks in 2022.
- Each player will have a profile compiled which is made available to inquiring coaches and scouts.
- We will leverage our network of contacts in the hockey world to help promote our players for future opportunities as is appropriate.
- Team 5HH will not take the place of any in season team on which a player participates. It is meant to compliment in-season play and further player development.
- Our coaches coach across all of our teams. Each team will have a dedicated Head Coach (TBD currently but coming soon) who will be assisted by the other coaches on the Team Five Hole Hockey staff. Each team has its own identity driven by its Head Coach but the teaching and development is a collaborative effort on the part of our entire staff.

Our Mission:

Since our inception in 2006, our mission has been to help amateur hockey players develop both on and off the ice to achieve their goals. We emphasize refining skill sets, growth both mentally and physically, and learning to use athletic pursuits to obtain new opportunities to grow not only as an athlete, but also as an individual.

Contact:

Andy Holmes @ 717-798-7615 or fiveholehockey@hotmail.com

Character

Commitment

Achievement

www.fiveholehockey.net